

How HIGH DOES THE BALL GO?

$V_f = 0$

$V_i = +6 \text{ m/s}$

$a = g = -9.81 \frac{\text{m}}{\text{s}^2}$

$t = ?$

$V_f = V_i + at$

$V_f = V_i + (-9.81)t$

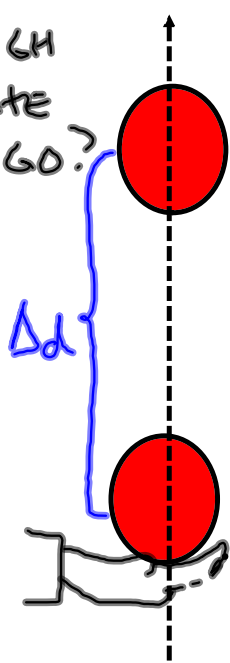
$0 = 6 - 9.81t$

$\therefore t = \frac{-6}{-9.81} = 0.61 \text{ s}$

$V_{\text{Ave}} = \frac{V_i + V_f}{2} = 3 \text{ m/s}$

$\Delta d = V_{\text{Ave}} t = (3)(0.61) = 1.83 \text{ m}$

How HIGH  
DOES THE  
BALL GO?



$\Delta d = ?$   
 $t = ?$

$v_f = 0$   
 $a = g = -9.81 \frac{m}{s^2}$

$v_i = 6 \text{ m/s}$

$$\frac{v_f - v_i}{\Delta t} = a$$

$$v_f = v_i + a \Delta t$$

$3 \frac{m}{s} = \overline{v_{avg}} = \frac{v_i + v_f}{2}$

$\Delta d = v_{avg} \Delta t \cong 1.81 \text{ m}$

$v_f = v_i + a \Delta t$

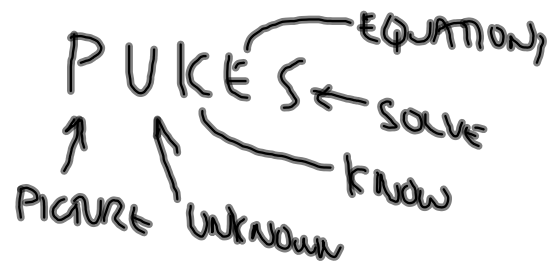
$0 = 6 - (9.81) \Delta t$

$\frac{-6}{-9.81} = \frac{-6}{-9.81} \Delta t$

~~$\Delta t \left[ \frac{v_f - v_i}{\Delta t} \right] = a \Delta t$~~

$v_f - v_i = a \Delta t + v_i$   
 $\Delta t = 0.611 \text{ s}$

$v_f = v_i + a \Delta t$



$$\text{Work} = [F][\Delta d]$$

(N)(m)  
~~~~~  
JOULE

$$\text{P.E.} = \frac{1}{2} kx^2$$

SPRING

$$\text{Weight} = mg$$



$$\text{Work} = [F][\Delta d]$$
$$= (9.81 \text{ N})(1 \text{ m})$$

$$\text{PE} = mg\Delta h = 9.81 \text{ J}$$

$$\text{KE} = \frac{1}{2} mv^2$$

$$\text{P.E.} = \frac{k}{2} x^2$$

K.E.

$$= \frac{1}{2} m v^2$$

bulos



$$\Delta d = l m = h$$

$$W = F \Delta d = (9.81 \text{ N}) (1 \text{ m})$$

$$= 9.81 \text{ J}$$

$$W = m g$$

1 kg  
9.81

$$\text{PE} = 9.81 \text{ J} = (m g \Delta h)$$